
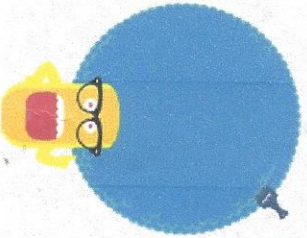


WEEK 2	MONDAY 	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Mince beef and onion and mash potatoe	Chicken lasagne 	Roast Turkey with gravy and mashed potato	All day breakfast	Fish fingers and chips
VEGETARIAN MAIN DISH	Cheese and onion quiche with potato wedges	Vegetarian pasta bake 	Quorn roast with gravy and mashed potato	Veggie Breakfast	Veggie sausage and chips
ACCOMPANIMENTS	Seasonal vegetables Salad bar 	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
DESSERTS	School cake	Carrot and orange muffins	Apple berry fool 	Jelly	Flapjacks
FRESH FRUIT & YOGHURT	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
JACKET POTATO & SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



MENU



Variety is the key to a healthy diet. try something new today!



- MEAT FREE MONDAY



- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE